



2024 OUMSA Update - April Edition

Kia ora e te whānau! In 2024, we (the OUMSA executive team) have made it our goal to improve transparency and increase communication with our members. Whilst we recognize that some of our handlings are sensitive and cannot be shared to the public domain, we want our students involved in the running of OUMSA as much as possible. In light of this, we will be releasing monthly updates that outline our actions during that month.

Early Learning in Medicine Clinical Conference Otago (ECCO) 2024

ECCO 2024 "WHAKAMANA: Unleashing the Potential" occurred on the weekend of the 13-14th April. The theme was selected to encourage our students to engage with new learning opportunities and expose them to new skills.

Over the course of the two days we had two keynote speakers, a panel discussion, and workshop slots for our delegates to attend. The weekend began with an epic Gala Function which was hosted at the Otago Museum. Thanks to the Med Band and DJ Dre for the awesome entertainment.

We are incredibly grateful for our two keynote speakers, Sue Crengle and Lela Yap who were a wealth of knowledge for our attendees. Our panel, with representatives from Te Kāiika, MSD, NZ Police, MoE, Kāinga Ora, and STONZ, spoke on the importance of the Social Determinants of Health.



With 21 exciting workshops, students got a glimpse into various specialties, including suturing, venipuncture, and emergency medicine as pictured above. A huge thank you to the sponsors and committee who made this event happen. See you next year!

Welfare Week

A huge thank you goes to Tiara Das and the Welfare Committee for putting together 10 activities for this very important cause! Highlights included Yoga with Zara, Ei Katu Making with PIHPSA, Cuddle Fix, ADSA Sausage Sizzle, Awhi Mai Awhi Atu with TOKŌ, and the Welfare Quiz Night. Even though Welfare Week is over, make sure to take some time to look out for yourself and others!

ASCEND - Personal and Professional Development Seminars

We were lucky enough to hear from our very own Clinical Skills Convenor, Ruth Barnett, for the first ASCEND session this month. If you didn't attend and want to hear the inside scoop from Dunedin pros, you can still purchase a ticket for the remaining sessions coming up in May. Dates can be found below!

Study Buddy

This month saw the first iterations of Study Buddy, and included Psych Med with Madeleine Gray for ELM2s and Neuro with Briar Engelbrecht for ELM3s. These sessions gave an in-depth overview of the modules, with additional exam questions to help direct us with examinable material. Don't worry if you weren't able to attend the recent Study Buddy's, you can still purchase a subscription for the rest of the year or individual tutorial tickets on the OUMSA website. We look forward to seeing you there!

Relay 4 Life

After weeks of individual and team fundraising, on Saturday 20th April the Mystical Meddies came together to walk (or run!) for cancer in the Dunedin Relay for Life.

Our team raised \$7,895, the second highest value in the Dunedin Relay. This contributed towards the grand total of \$180,914 raised across the entirety of Ōtepoti. There were a number of individuals who ran distances greater than a marathon during the course of the event. We are very proud of their efforts! Thanks to everyone who supported and contributed to the Mystical Meddies.



Coming up in May...

- Dunedin Campus Q&A Session - 1st May
- Wellington Campus Q&A Session - 2nd May
- ASCEND Sessions - 7th/21st/28th May
- TOKŌ Te Reo Kia Ora - Weekly Starting 8th May
- Class Division Voting - Week of 20th May
- OUMSA vs SOULS Sports Comp - 18th May
- ELM2 MSK Study Buddy - 19th May
- Wine & Cheese - 24th May
- ELM3 Metabolism Study Buddy - 25th May
- ELM2 OSPE Study Buddy - 28th and 31st