

Newsletter

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April 2022



OUMSA

OTAGO UNIVERSITY MEDICAL STUDENTS' ASSOCIATION
TE RŌPŪ ĀKONGA RONGOĀ O OTĀKOU

Upcoming events

Psych Med Study Buddy | Saturday 9th of April (Zoom)

Mid sem break | 15th - 25th of April

Beer Pong + Flat Crawl | Saturday 30th of April (TBC)

President's Report by Hamish Singh

And just like that, we're a quarter of the way through the year! Props to you all for making it through the endless zoom tutorials and lectures, with special mention to the elm3's for grinding through the interesting but content heavy neuro module.

With our recent March elections over, your team at OUMSA has grown to include a number of ELM2 and ELM3 reps alongside an awesome NZMSA ELM Rep and ELM2 Rep, all playing a vital role in helping OUMSA serve you. Massive thank you to all who applied!! Over the past month, the OUMSA Exec has been heavily occupied working on a number of internally focussed projects some of which include updating OUMSA's emergency grant application process, reviewing OUMSA's Sexual Misconduct Policy to ensure best practice is upheld, and navigating the class division process alongside the med school, a process which desperately needs some serious work and refinement for future years! All the while, education meetings, social sports, the exceptional ECCO team and magnificent Med Revue crew progress diligently.

As COVID mandates ease, some sense of normalcy is expected to soon return to your academic lives and of course, OUMSA's plans to ensure you make some awesome memories during ELM so stay tuned! Just a little over a week and a half to go till a much deserved mid-sem break for you all, keep it up <3

Social Sports

by Connor Kennedy



Social sports for Semester one is well underway!! Fortunately, all social sports were still able to go ahead with the current COVID regulations and the med cohort has made the most of it. We have managed to enter 11 teams in total across sports including basketball, netball, futsal, and volleyball. It's great to see so many students getting involved and exemplifying that work-life balance that the med school continues to preach about. To all the LeBron Jameses and Irene Vandykes playing their hearts out on a weekly basis, hope you're having fun and doing your family proud. To those that missed out this semester due to there not being enough space in the competition or not signing up to start with, do not fear, there will be another chance to get amongst when Semester 2 rocks around.

Get excited! Applications for NZMSA's conference EVOLVE 2022 are now open. Head to the NZMSA website and click "Apply Now" to start your application. Applications close at 11:59pm on Sunday 10th April. <https://www.eventcreate.com/e/nzmsaconference2022>

This is a sell-out event every year so make sure to fill out your application to be in with a chance to enjoy this fantastic weekend. Also, like the facebook page and event page as we will be releasing more information about the academic and social programme soon!

Evolve 2022

by Simone Ada

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**Applications
OPEN NOW!**

for EVOLVE 2022

Head to our website to apply

Office Hours

- every Tuesday and Thursday from 1-2pm!

Pop in to pick up your cases book, get your OUMSA membership sticker, or to have a yarn with some of your exec members!

Parents in Medicine

by Jess Tater

Kia ora e te whānau If you are an ELM2 or ELM3 student who is also a parent, OUMSA warmly invites you to join the dedicated Facebook group for Parents in Medicine (link below). We recognise that being a parent in ELM is an immensely challenging double-act and would love to help where we can. The goals of this group are to help you connect with other parents, discuss concerns or ideas, and to receive additional welfare and educational support. If you do not have a facebook please email educationinternal@oumsa.org so we can arrange another avenue of communication.

<https://www.facebook.com/groups/4896490827125016>

Community Outreach

by Nia Naeimasa

Kia ora lovely med whānau This is your Community Outreach Officer, Nia again (otherwise known as the heart origami girl) here with more news about the amazing Teddy Bear Hospital -the aim for the Teddy Bear Hospital initiative is to create a positive medical experience for young children and introduce them to the medical setting in a friendly manner and I know many of you have been waiting to see when you can sign up to be rostered for the event so you can examine teddy bears and explain medical concepts to kindergarteners but before that, we need some lovely people(roughly 10 people) to sign up to be part of the planning! It is an amazing event to be involved in, so please keep your eyes peeled for a Facebook post with the google form link so you can sign up to join our lovely TBH crew and take part in planning a fun time for your peers and a meaningful experience for kids and the medical system Take care and please reach out to me if you have any questions, always happy to have a chat!

Study Buddy Tutorials

by Jess Tater

OUMSA's highly regarded Study Buddy Tutorial Programme is back again for 2022!

Each module will be covered in two parts. The *revision sessions* are designed to summarise the content of each module into a manageable workload focusing on high yield concepts, whereas the *application sessions* are to help apply that learning to exam-style questions and MCQs as well as allowing time to ask questions. OUMSA's knowledgeable and engaging tutors are older Medical students who know best how to navigate modules and help you build confidence in the content!

Sessions are usually held on a Saturday from 9-3pm, ideally in person and with a ZOOM link alternative. There are 10 ELM2 tutorials and 10 ELM3 tutorials that cover the block modules, vertical modules, OSCE and OSPE.

You can get access to these tutorials via two ways:

- 1) buying a Study Buddy *subscription* (\$80) SAVING YOU \$70!!
- 2) buying *individual tickets* to tutorials (\$15 per tutorial)

Keep an eye on the OUMSA facebook pages for information on how to purchase a subscription for the year.

Upcoming Tutorials

ELM2 Psychological Medicine | Saturday the 9th of April (Zoom)

ELM3 Nervous System | Sunday the 1st of May (TBC)